

Conceived A proposal for improving the training of athletics for Physically Disabled in assiut Governorate

***Dr/ Najla Ibrahim Mohamed**

research target:

The research aims to establish Conceived A proposal for improving the training of athletics for Physically Disabled in assiut Governorate, By answering the following questions; What is the reality athletics training for the physically disabled in Assiut community associated with a glance? What is the reality athletics training for the physically disabled in Assiut linked the political situation? What is the reality athletics training for the physically disabled in Assiut linked with the training process? What is the reality athletics training for the physically disabled in Assiut linked with the coach? What is the reality athletics training for the physically disabled in Assiut linked to Baladara? What is the reality athletics training for the physically disabled in Assiut linked with the health aspects? What is proposed to

improve the perception and reality athletics training for the physically disabled in Assiut? (Players- coaches- administrative) Athletics ambulant-disabled Assiut Governorate was selected sample way intentional and reached the final number for the sample of players (44) player of the coaches (4) coaches and administrators reached (2) administratively , and the most important tools for data collection questionnaire to determine the reality of training athletics ambulant-disabled Assiut Governorate, and the most important findings was reached to lower the reality of training athletics ambulant-disabled Assiut Governorate through 7 axes, was the percentage of the axis (look at society, the political situation, the possibilities, the training process, Coach, respects health, administrative) was (54.64 %) (84%) (43 %)

* Assistant Professor, Department of Athletic Training and Movement Sciences Faculty of Physical Education, Assiut University, Egypt

(57.64%) (55.77%) (46.06 %) (57.25%) in the order has also been reached to imagine a proposal to improve the reality of training games physically Disabled forces in Assiut .

The Introduction and the research problem:

The suffering of the disabled type of disability beyond to follow the surrounding community. On the contrary, the community is not positive with disabilities will be an obstacle in their way, which increases the negative psychological effects that might hinder their skills to achieve their accomplishments (4: 172), The researcher noted the lack of attention with that category of society ,which Resulting in a significant irregularity to continue training strong games for the physically disabled in the proper form,And this is what led to decline the level of physical skill of players,that has encouraged the researcher to apply the current study,Convinced importance to find out the most important points that cause this delay that help her to develop a Conceived for A proposal to improve the reality of athletics training for Physically Disabled in the Governorate of Assiut, Perhaps even offers

thing for those who have lost a lot.

research target:

The research aims to establish Conceived A proposal for improving the training of athletics for Physically Disabled in assiut Governorate, By disability beyond to follow the surrounding community questions; What is the reality athletics training for the physically disabled in Assiut community associated with a glance? What is the reality athletics training for the physically disabled in Assiut linked the political situation? What is the reality athletics training for the physically disabled in Assiut linked with the training process? What is the reality athletics training for the physically disabled in Assiut linked with the coach? What is the reality athletics training for the physically disabled in Assiut linked to Administrative? What is the reality athletics training for the physically disabled in Assiut linked with the health aspects?What is proposed to improve the perception and reality athletics training for the physically disabled in Assiut?

Plan and procedures:

First: Research Methodology:

Descriptive approach was used (surveys) for its relevance to the nature of the study

Second: the community and the research sample:

Represents the research community (players - coaches - administrative) Athletics ambulant-disabled Assiut Governorate, and registered at the Ministry of State for Sport for 2012 m - 2013 m two places Assiut, Manfalut, which numbered (50) for the player and (4) coaches and (2) administratively, was selected sample way intentional final number for the sample of players (44) for the player and the number of the sample of coaches (4) coaches and administrators reached (2) administrative number were excluded (6) form did not respond by members of the sample.

Data collection tools

The researcher has designed questionnaires as follows:
A - form an opinion poll experts in axles: in order to identify the most important themes related by athletics training for the physically disabled in Assiut and their relevance to the purpose of the study. Through informed researcher on the studies

related to scientific literature (1), (3), (8), (5 The researcher developed a number 9 axes and experts were on display and the number (10) experts, has consented to the researcher percentage of 80% or more to accept the proposed hub and this has been the exclusion of axes, and thus the number of axles accepted (7) axes.

B- questionnaire reality training athletics ambulant-disabled Assiut Governorate: in order to identify the reality of training athletics ambulant-disabled Assiut Governorate, and through informed researcher on the studies related to scientific literature and developed a researcher's initial form, which included Ali (94) Words were then display on the experts and their number (10) experts, has the researcher delete phrases that less than approval of 70% and thus were excluded number (4) statements and modify (7) statements to include the form in its final Ali (90) is after making honesty and consistency.

Scientific transactions of the form :- Validity and reliability :

The researcher conducting transactions scientific form on

a sample of (10) of the research community and from outside the sample. To calculate the sincerity of the form used coefficient of internal consistency among all of the statements and the total axis belong to him , and show that the value of t calculated ranged between (0.65, 0.98), a greater than Tabulated value at 0.05 which shows the sincerity of the statements proposed, as well as use the coefficient of internal consistency between each axis of the axes of the survey and the total score him and show that the value of t calculated ranged between (0.81 : 0.99) which is greater than the Tabulated value at the level of 0.05 , which shows the sincerity of the questionnaire, then the researcher using the method of testing and re-testing to find a stable form, showing a correlation statistically significant between the application and the first and second application for phrases questionnaire ranged value of t calculated between (0.87: 0.99) which is higher than Tabulated value at 0.05 , indicating the stability of the questionnaire, and then the questionnaire was developed in the finalization of the facility , and the balance of

estimating three phrases questionnaire OK (5), somewhat OK (3) , and is OK (1)

IV: Results and discussion:

First: What is the reality of athletics training for the physically disabled in Assiut community ?

Is clear from Table (1)

- The percentage of the views of the research sample at the center of society's perception has ranged between (52% : 64 %) while the total number of the axis ratio (54.64 %).

the researcher saw that the ratio obtained by the axis (society's perception) ratio is weak has affected the actual reality to train athletics for that category passively as the society's perception of the negative impact on the state 's mental which was reflected in the training process and this is confirmed by the percentage and grade estimated that got with the words (society's perception of the physically disabled can feel reassured) where the percentage of those words (46%) and the lowest percentage in terms of this axis , and 've shared in the same ratio phrase (community meets the needs of disabled physically) this is due to the community when the outlook

negative the player physically disabled athletics , it does not meet all the requirements needed by the disabled , whether psychological or social needs , physical or moral , which negatively Arthur on the training process And such an outcome consistent with the result of the " Mohamed Hussein Al aguri[^]) (٢٠١٢) ") , where it became clear that society 's perception of the volleyball players sit in a negative light reflected on the training process

Second question : What is the reality athletics training for the physically disabled in Assiut linked to the political situation?
- The percentage of the views of the research sample at the center (the political situation) has ranged between (79%: 88 %) while the total number of the axis (84%).

Was the focus of the political situation more axes influential in the training process negatively This is consistent with the study , " Mohammed Hussein Al aguri[^]) (٢٠١٢) ") Despite the fact that this study has been applied in Gaza and thus affected the practice of volleyball sitting adversely affected significantly as a result siege and security

conditions surrounding but conditions experienced by the country in Egypt in that era unusual circumstances , whether political turmoil that has affected psychologically on the players and the motivation to exercise training or oscillation security if the continuation of the players in training and the subsequent financial crisis hampered further training , This is confirmed by " Mustafa Al-Sayeh Mohammed " (2007) , "The political interference blatantly in sports lead to the collapse of the sport and make it the field is weak and thus to the ineffectiveness of their activities and the result of the relationship nature of power between sports and politics , which led to the existence of links between sport and the authorities government on the local and international bands and the relationship between sport and the interests of various government influence in the social construction "(9 : 126-128)

Third question : What is the reality athletics training for the physically disabled in Assiut Associated with the possibilities?

- The percentage of the views

of the research sample at the center of (potential) has ranged between (33%: 64%) while the total number of Mhorali proportion (43%). And consistent results of that study with the study of both friendly Darwish (1996) (3) and Ayman Fouad (2001 m) (1) that the potential impact on the practice and tournaments athletics all categories as well as the study of " Mohammed Hussein Al aguri ^) (٢٠١٢) ", which stresses that affect the possibilities of the training process for people with disabilities And it is clear that the axis (potential) came second axis after the axis of a (for the political situation) has been affected potential political situation prevailing both in political turmoil led to a difference between individuals which made many of the players in the case of a reluctance to exercise Having said possibilities available both the possibilities of human or material because of the preoccupation with governments , prioritize and preoccupation with spending on political issues and the subsequent financial crisis , and the outcome of that slope level of training of athletics for

the disabled physically , where he " Yahya Mr. Hawi " (2002) " that the success of the process of sports training in raise the level of players to level the best access to the world what is but a reflection of a combination of factors corporate and considered the possibilities of physical and human resources of the important elements and essential to the success of any project or training plan so the potential inclusive of all aspects influencing the planning (11:45) despite the fact that this problem is not new , but it worsened in the recent period Bushnell clear, recalled , " Mustafa Al-Sayeh Muhammad" (2007) " facing third World countries many problems as the Physical Education in particular you not the sufficient means for the purpose of development as the development programs in developing countries does not make physical education in the priorities of these programs on the one hand , on the other hand , the status of Physical Education. Affected affected by the lack of support provided by governments and society" (9: 131)

Fourth question : What is the reality athletics training for the physically disabled in Assiut associated with the training process?

- The percentage of the views of the research sample in the axis (the training process) has ranged between (49% : 70 %) while the total number of the axis ratio (57.64%) .

We note that the training process is the product of all the factors , or other hubs of society 's perception and the state of political unrest and lack of possibilities and poor health services and lack of rehabilitation for the coach , and with the lack of administrative weakness of these factors result in us low training process Despite that these factors may have influenced the decline in the training process , but those axis was axis seventh and last and see the researcher that the reason for this is due to the determination and persistence to overcome these difficulties and the spirit of challenge displayed by this group of players and that indicates that indicates the need to pay attention to those and what receives from the category that category is very weak

compared to what bestowed the healthy and the players so as achieve that class of Championships

Fifth question : What is the reality athletics training for the physically disabled in Assiut associated with the coach ?

- The percentage of opinions sample axis (coach) has ranged between (40% : 72%) while the total number of the axis ratio (55.77 %) .

In spite of the weakness of that axis, but we check the percentages of the phrases that axis, we find that those weaknesses more affected by a factor of material capabilities that are available for the coach , but in spite of that we can not lose sight of the importance of the coach the process of training and emphasizes that, " Yahya Alsayed. Hawi " (2002) it is considered a coach sports one of the main pillars and important in the training process and stops him access players to the level the better, because the coach athlete spends with his players for long periods through which affect them and their feelings and make them melt in the crucible of one in order to motivate them and increase their interaction in order to

support the team and improve its results in return can coach sports extraction potential and The multi-talent ,the players to take advantage of them in the interest of the whole team . (11 : 26) and add all of the "Nabila Abd el Rahman, Saadia Shiha, Maha Mahmoud , Jasmine AL bahar " (2011) , " that in order to manage coach the training process and deals with the working group must be to have a scientific background in multiple areas so that it can stand on the health and safety of the players, and is characterized relations humanity and should be the leader and manager of the first-class and has sufficient information on the science that does not succeed, the training process , but by (10 : 17)

Sixth question : What is the reality athletics training for the physically disabled in Assiut associated with the health aspects ?

- The percentage of the views of the research sample at the center of (health aspects) has ranged between (32% : 61 %) while the total number of the axis ratio (46.06 %) . It is clear to us that the focus of

the health aspects came Center Advanced , where he was third in influencing the actual reality to train athletics ambulant-disabled That is because this category of special nature needs to aspects of health differently what distinguishes this category of special circumstances in order to live up the process of training and this is what pointed out to him , " Kamal Hamid Abou El Ela Fattah " (2001) where it was stated that " aspects of health science in the areas of physical education and sports factors are important in the areas of sports training and athletic competitions due to the effects of deep health aspects Ali 's body that has been achieved to reach the specifications ideal for the operational aspects for sports training and athletic competitions , and optimal use of factors of health helps guide the athletic training and access came to the level of health and higher provide him maintain the highest level of athlete him up player during training season also assisted on the

speed of adaptation of the duties of Foreign difficult that may be encountered when athletic performance in special circumstances (6)

Seventh question : What is the reality athletics training for the physically disabled in Assiut relates to Administrative ? The results of this study agree with the study of friendly Darwish (1996) (3) The percentage of the views of the research sample at the center of (administrative) has ranged between (46%: 70%) while the total number of the axis ratio (57.25%).

Given the scrutiny of such a result, we find axis administrative came in sixth place and it is clear that human factors such as administrative despite the lack of and the weakness of that axis, but this weakness comes from influenced by other factors foremost of which is double the possibilities that help to rehabilitate the administrative and improve its performance Through that discussion actually see the researcher low

Athletics training for the physically disabled, prompting the researcher to develop a proposal to improve the perception of that reality. (4)

IV : Conclusions :

1 - low reality of athletics training for physically disabled Assiut Governorate , because of the political situation and the lack of resources and weak health services , as well as society 's perception of negative and non- handicapped rehabilitation of both the coach and administrative , which was reflected in the low level of the training process.

2 - was reached to imagine a proposal to improve the reality of athletics training for the physically disabled in Assiut .

Fifth: Recommendations:

1 - need to pay attention to athletics training for the physically disabled in Assiut to improving the political situation and increase the possibilities and provide the required health services and improve society 's perception of the disabled and rehabilitation of both the coach

and the administrative and interest in providing everything a modern service training process.

2 - The application proposed to improve the perception and reality athletics training for the physically disabled in Assiut .

References

First: the references in Arabic:

1-Ayman Mohammed Fouad:

"Evaluation of talented centers to track and field competitions," Master , Faculty of Physical Education , Assiut University, 2001.

2 - Ramzi Jaber and Hisham Aqrah:

"Athletics training in light of the standards of quality from the point of view of specialists in Palestine," the seventeenth research faculties and departments of Physical Education , Faculty of Physical Education, University of Tikrit.

3- sedika Darwish:

"analytical study of th Egyptian numbers in track and field competitions," research published in the Journal of the comprehensive education, a specialized magazine , Faculty of Physical Education for Girls

in Zagazig, Zagazig University, first edition , 2002.

4 - Club Azza Abdel Zaher Abdel Baqi:

"Imagine a proposal to activate the role of the Egyptian NGOs in the field of rehabilitation of the physically disabled in the light of the experiences of some countries," Unpublished Master Thesis, Faculty of Education, University of Fayoum, 2012.

5- Fatima Mohammed Abdalbagi:

"Evaluation of the national teams to track and field competitions in the Arab Republic of Egypt," unpublished Ph.D. thesis, Faculty of Physical Education, Helwan University, 2000

6- Kamal Abdel -Hamid Ismail and Abul-Ela Ahmed Abdel Fattah:

"health education for athletes", a neighbor of the Arab Thought , i 1, 2001

7- Mohamed Hussein Ajuri :

"The fact of sitting volleyball training governorates of the Gaza Strip from the perspective of quality," research published in the

Journal of the Al-Azhar University in Gaza, Humanities Series, Volume 14, Issue 2.2012

8- Mustafa Al - Sayeh Muhammad: "Sociology of Sport", Dar meet minimum printing and publishing, i 1, 2007

9- Nabila Ahmed Abdel Rahman, Sadia Abdel Gawad Shiha, Maha Mahmoud Shafiq, Yasmin Hassan

Albahar : "smooth References in physical education and sport (Coach, career training and application,"the Arab Thought House , Cairo, 2011.

10- Yahya al sayed . Haawi : " sports coach between traditional style and modern technology in the field of training," the Arab Center for Publishing , i 1, 2002